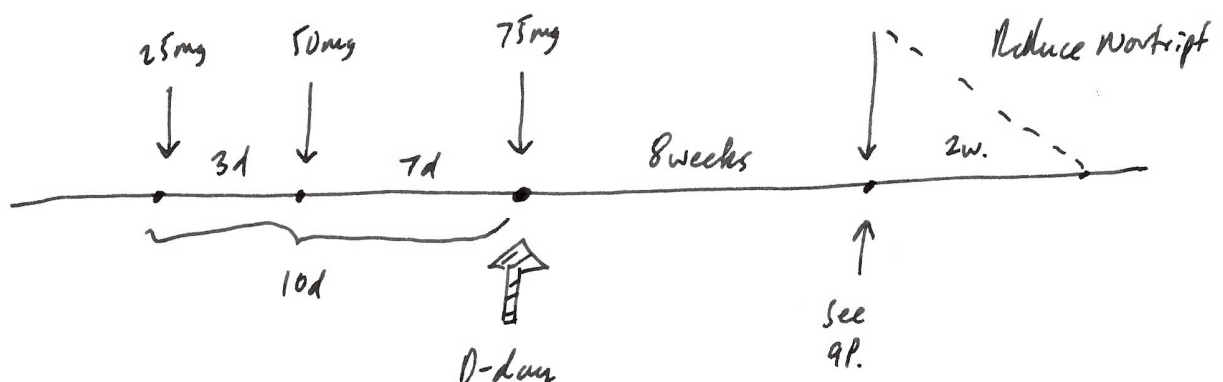
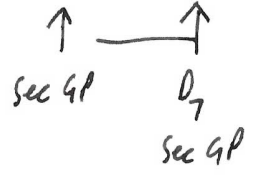


Nortriptyline

(200 tabs)



D-day
(stop smoking)



SE
dry mouth
drowsiness
hypotension
constipation.

NNT_{1yr} for 50% abst = 15.

Zyban

Caution

diseases that ↓ seizure threshold

- ↓ ETOH abuse
- ↓ diabetes
- ↓ head trauma

Drugs that ↓ seizure threshold

- ↓ antipsychot
- ↓ anti-depressants
- ↓ steroids
- ↓ antihist.

Contraindications

pregnancy

MAOI

- ↓ seizure disorder
- ↓ CNS tumors
- ↓ eating disorder
- ↓ withdrawing from ETOH/BZD

150mg/d 3d
↓
150mg bdd.
min 7w

~~\$180/200/m~~

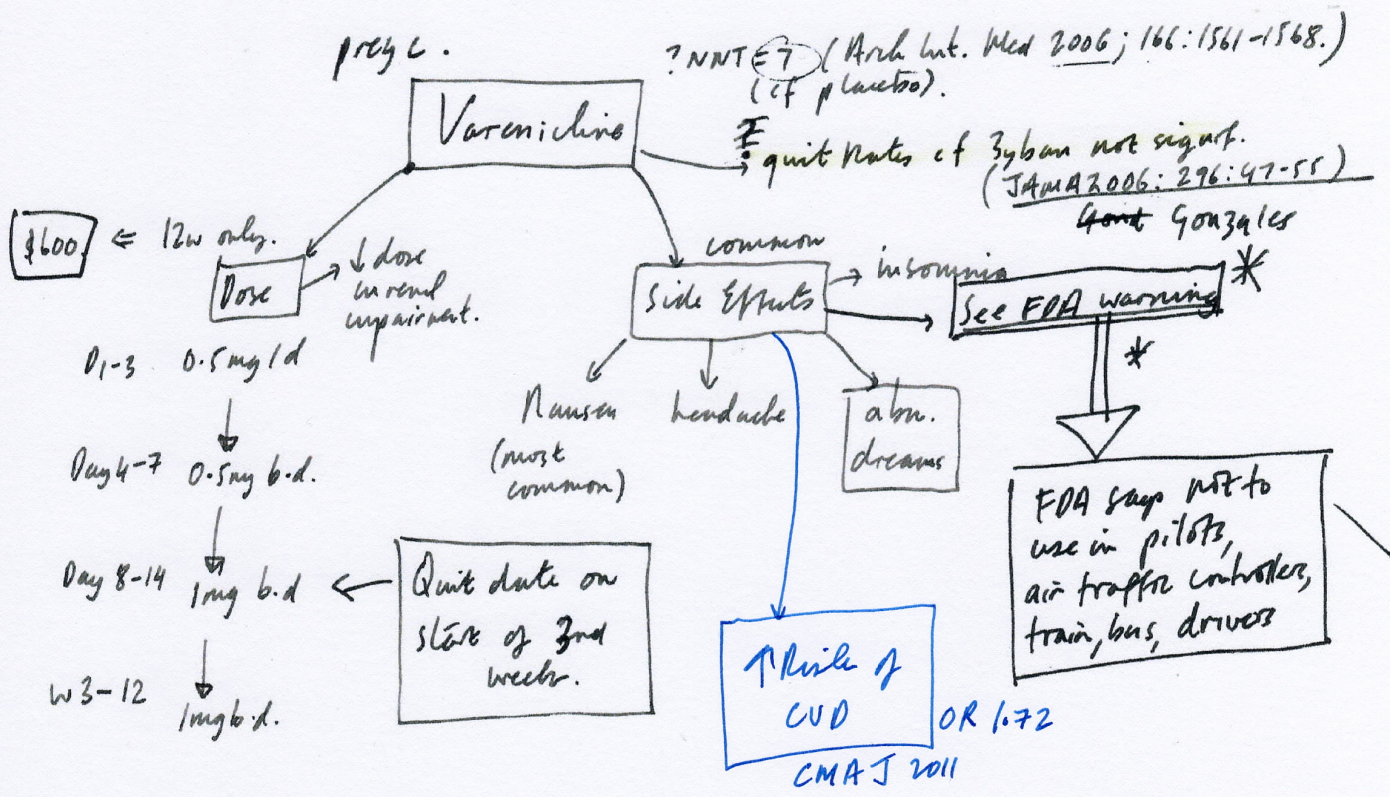
\$99/mx. 28 tab

\$346 for 7 weeks
→ usually 1yr

Set quit date in 2nd wk treatment.
No smoking from 2nd wk.

Side Effects

- ↓ insomnia
- ↓ dry mouth
- ↓ nausea. most common.

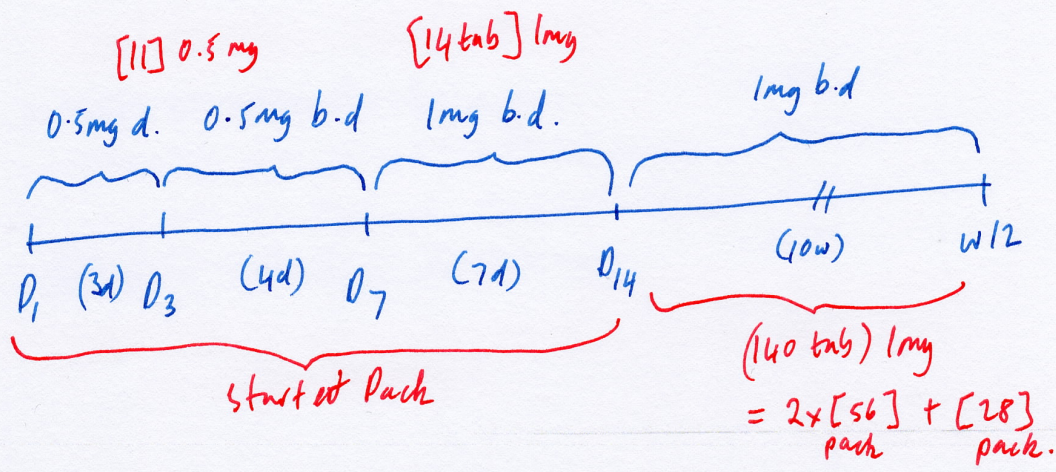
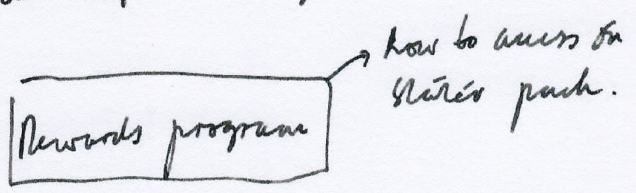


$$NNT = \frac{1}{0.14 - 0.00} = 12.5 \text{ (to quit } \geq 1 \text{ yr).}$$

(Arch Internat med 2006).

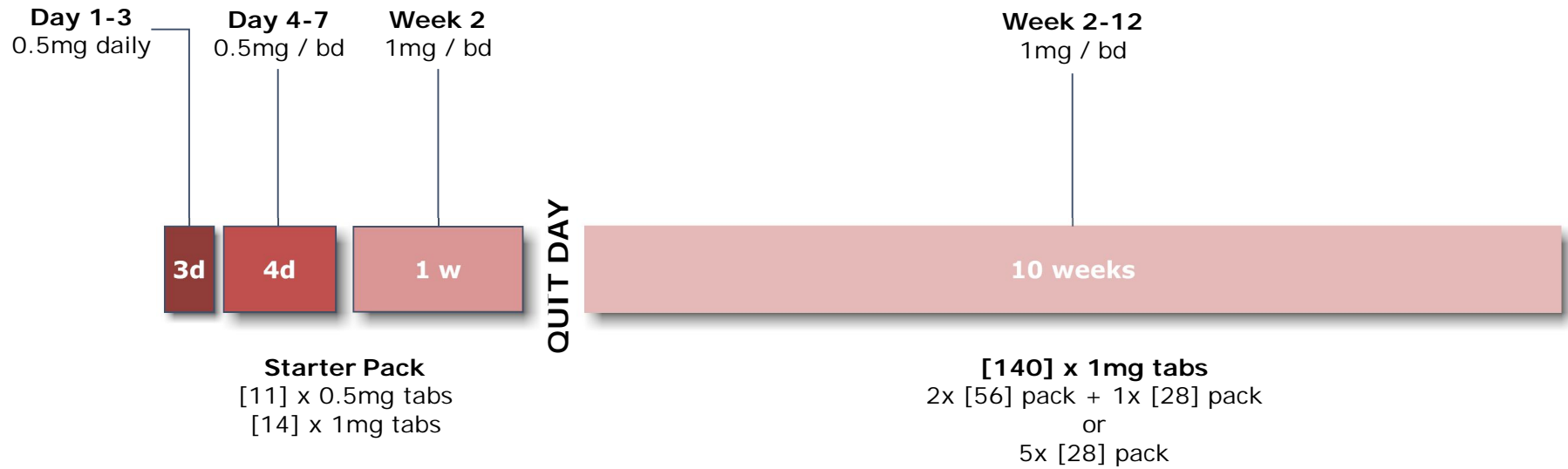
Varenicline: Nicotinic acetylcholine receptor partial agonist.

* See FDA warning.



Varenicline Regimen for Smoking Cessation

Dr Paul W Tervit 2011



Adverse Effects

Nausea (most common)
Headache
Insomnia / abn dreams
Inc risk CVD [OR 1.7]